


















# Personal Development Curriculum Map: Year 1



\*identifies opportunities for teaching & learning Safeguarding principles

Curriculum subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE	Beginnings Signs & Symbols	Hinduism & Judaism Preparation	Books	Thanksgiving Opportunities	Spread the word 	Rules Treasures
RSHE	 <b>Social &amp; Emotional</b> To recognise the signs that I am loved in my family.		 <b>Physical</b> To recognise how I am cared for and kept safe in my family.		<b>Spiritual</b> celebrate ways that God loves and cares for us.	
PSHE	<b>Being me in my world:</b> feeling special & safe, rights & responsibilities 	<b>Celebrating difference:</b> Similarities & differences Understanding bullying 	<b>Dreams and goals</b> - setting goals, celebrating achievement, identifying & overcoming obstacles		<b>Healthy Me</b> - healthier lifestyle choices, being safe, medicine safety, road safety, health & happiness 	
SMSC	Social 	Cultural 	Moral 	Spiritual	Spiritual	Moral 
British Values	Rule of Law	Mutual Respect	Tolerance	Democracy	Individual Liberty	Mutual Respect
Science	 <b>Animals including humans</b> Notice that animals, including humans have offspring that grow into adults				<b>Living things and their habitats</b> Explore & compare differences.	
English	 The Train Ride, The Queen's Hat, Ginger Bread Man, Little Red Riding Hood, Last stop on Market Street		 Man on the moon, The Way back home, Beegu, Bog Baby, Bears don't read		The Highway Rat, Snail & the whale, Zog & the flying doctors, The Magic Paintbrush, Quill Soup 	
DT	 <b>Food</b> - preparing fruit and vegetables					
PE	Ball skills Kick Rounders	Hockey Dance - Tango	Gymnastics Bat & Ball skills	Team games 1 Tennis	Team games 2 Golf	Athletics
Computing	 Technology outside school		 Online Safety			
My Happy Mind	Meet your brain		Celebrate	Appreciate	Relate	Engage