

What is Travel Training?

Travel Training is a process in which an individual is guided through the various stages of conducting a journey, building their confidence and skill set to eventually lead them to being able to travel independently.

The St Helens Travel Training Programme is designed to provide support to people up to the age of 25 who may have mild disabilities and/or special needs to enable them to travel independently and safely to their place of education, using a mode of transport best suited to them and their journey.

There is no charge for the training.



What do we do?

We work closely with parents, schools and Schools Transport to gain consent and ensure that our programme meets expectations.

Each person undergoing training will have a custom package that is developed specifically according to their needs and capabilities, with the training being conducted at a pace to suit the individual concerned.

We conduct comprehensive risk assessments prior to the commencement of any training. Practical support and guidance is given throughout the training process, with progress being monitored and recorded by the Trainer, and continues until we feel confident that they can complete the journey safely on their own.

Subjects covered during the training include:

- Personal safety and coping strategies
- Road safety skills
- Planning a journey
- Using relevant public transport, if needed
- Familiarisation with timetables, routes and landmarks
- What to do in an emergency

Upon successful completion of the training, St.Helens Council will provide a bus pass to school / college whilst the young person remains eligible for travel support.

What are the benefits of Travel Training?

The training has many benefits for young people including:

- Increased independence which can improve confidence and self esteem
- Opportunities to develop important social skills and learn how to cope in a variety of situations
- Greater freedom and less reliance on parents and carers for transport
- Improved access to social and leisure activities such as after school clubs and meeting with friends
- Can lead to volunteering or employment opportunities in the future



How to Contact Us

School Transport Team

People's Services

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Parental Guide to Travel Training



A Step Towards Independence



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