

Glossary

Tabernacle - a fixed, lockable container, similar to a safe, that contains the reserved 'Eucharist'.



Transubstantiation - the change of the bread and wine during mass when it becomes the Body and Blood of Jesus Christ.

Monstrance - a receptacle in which the consecrated Host (Jesus Body) is displayed for adoration.



Humeral Veil - a long vestment, worn over the shoulders, covering the hands of the priest as he gives the blessing with the Sacred Host in the Monstrance.



Come Holy Spirit, fill our hearts with wisdom, love and courage. Make us more like Christ in our words and actions.

Bless the work of your Church. Renew us all in the desire to make Christ known and loved in the world today.

Bless the work of our parish. Guide all that we do so that our church is a place of mercy and service for all who are seeking you.

Deepen our love for the Presence of Christ in the Eucharist and guide us in prayer and action as we journey towards Synod 2020 to become the Church you are calling us to be. We ask this through Jesus Christ, our Lord. Amen.



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The importance of the Eucharist



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The Eucharist

The word 'Eucharist' stems from the Greek and means 'thankfulness'.

The Eucharist is one of the most important parts of our lives as Catholics.

During the mass, at consecration, the bread and wine become the body and blood of Jesus. This is called **transubstantiation**.

The appearance of bread and wine is retained, but we feast upon the actual Body and Blood of Christ.

As Jesus is present in the meal, we show love and reverence for this, the most **Blessed Sacrament**.

In the words of Pope Francis

"The Eucharist is such a great gift. That's why going to Mass is so important. Going to Mass not just to pray, but to receive Communion, the Bread and Body of Christ. It saves us, forgives us and it makes us one with the Father. How beautiful!"

"The Eucharist is more than just a mere feast. It's a way to remember Jesus' Passover, a mystery that's central to our salvation. But when we talk about 'remembering' that doesn't mean that it's just a memory. It means that every time we celebrate this Sacrament we become part of the Mystery of His Passion, Death and Resurrection. The Eucharist is the peak of God's Salvation."



What happens during Eucharistic Adoration?

The priest or Deacon, removes the Sacred Host from the Tabernacle and places it in the Monstrance on the Altar for all to see.

The priest puts on a Humeral Veil, covering his hands, as a sign that it is Christ's blessing that we receive and not the priests. The Monstrance is held by the priest who blesses all those gathered by making the sign of the cross with the monstrance.

There may also be readings from scripture, hymns, prayers and time for silent adoration and prayer.

