

# Personal Development Curriculum Map: Year 1

Curriculum subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE	Beginnings Signs & Symbols	Hinduism & Judaism Preparation	Books	Thanksgiving Opportunities	Spread the word	Rules Treasures
RSHE	<b>Social &amp; Emotional</b> To recognise the signs that I am loved in my family.		<b>Physical</b> To recognise how I am cared for and kept safe in my family.		<b>Spiritual</b> celebrate ways that God loves and cares for us.	
PSHE	<b>Being me in my world:</b> feeling special & safe, rights & responsibilities	<b>Celebrating difference:</b> Similarities & differences Understanding bullying	<b>Dreams and goals</b> - setting goals, celebrating achievement, identifying & overcoming obstacles		<b>Healthy Me</b> - healthier lifestyle choices, being safe, medicine safety, road safety, health & happiness	
SMSC	Social	Cultural	Moral	Spiritual	Spiritual	Moral
British Values	Rule of Law	Mutual Respect	Tolerance	Democracy	Individual Liberty	Mutual Respect
Science	<b>Animals including humans</b> Notice that animals, including humans have offspring that grow into adults				<b>Living things and their habitats</b> Explore & compare differences.	
English	Last stop on Market Street My Grandpa is amazing		Ten little pirates Beegu Max the champion		Bold Women in Black History Handa's Surprise Fruits Elmer My World, You world	
DT	Food - preparing fruit and vegetables					
PE	Multi skills Bootcamp	Story time dance Might movers	Groovy gymnastics Skip to the beat	Brilliant ball skills Gym-fit circuits	Throwing & catching Cool core	Active athletics Fitness frenzy
Computing	Technology outside school		Online Safety			